

AFFIX
POSTAGE
HERE

IAMAT (International Association for
Medical Assistance to Travellers)
1623 Military Road, #279,
Niagara Falls, NY
14304-1745
U.S.A.

IAMAT membership offices:

CANADA

1287 St. Clair Avenue West, Toronto, Ontario, M6E 1B8
Telephone: (416) 652-0137, FAX: (519) 836-3412

NEW ZEALAND

206 Papanui Road, Christchurch 5

U.S.A.

1623 Military Road, #279, Niagara Falls, NY 14304-1745
Telephone: (716) 754-4883

Visit our website:

www.iamat.org



IAMAT

**Medical
Services
and the
International
Traveller**

IAMAT is a non-profit organization dedicated to travel health.

We help you plan a healthy trip and coordinate an international network of qualified doctors for travellers in need of emergency medical care during their trip. We solely rely on donations from individuals to keep providing impartial and free travel health advice, and to recruit doctors worldwide without compromising medical ethics.

We are the oldest provider and a trusted source of travel health advice.

We believe that accurate and timely travel health advice should be fully accessible to all travellers. With your donation we are able to award scholarships and grants to healthcare practitioners from developing countries to study, research, and train in all aspects of travel medicine and health.

Our focus is on prevention. Help us achieve global health objectives.

Our goal is to prevent the spread of infectious diseases by travellers. Being a responsible traveller means being prepared and being well informed about possible health risks at your destination, including taking all the necessary precautions to stay in good health during your trip.

MEMBER BENEFITS

Join IAMAT for FREE and get reliable and affordable emergency medical attention during your trip. You can join online at www.iamat.org and get instant membership or fill out the attached card and mail it in.
As a member you have access to the following privileges:

IAMAT Membership Card
Valid for one year, the Card entitles you to the fixed IAMAT rates for the first consultation charged by our participating doctors and clinics. Renewing your IAMAT membership with a donation – any amount is appreciated – guarantees uninterrupted access to our medical services.

IAMAT Medical Directory
Gives you access to qualified physicians in more than 90 countries and 350 cities. Participating doctors are fluent in English and will refer you to a specialist in all fields of medicine and report to your own doctor if required. It also includes a listing for mental health practitioners.

IAMAT Traveller Clinical Record
A pamphlet to be completed by your physician before departure which provides the IAMAT doctor with your complete and readily accessible medical history.

IAMAT Quarterly e-Newsletter
You will receive useful travel health tips and updates, including links to items on the latest advancements in the field, sent to your inbox in March, June, September, and December.

IAMAT Travel Health Planner
Select your travel destinations, and get an instant, personalized guide to our medical services and comprehensive travel health information for the countries you are visiting. Print a copy, save securely for future reading, or access on your mobile.

COMPREHENSIVE TRAVEL HEALTH ADVICE

As a public service, we provide detailed and up-to-date resources free of charge. Detailed immunization information, disease risks, and food and water safety advice for all countries are available online or in print.

World Immunization Chart
Details vaccination requirements and recommendations for all countries, outlines geographical areas with risk of Hepatitis B, Japanese Encephalitis, Lyme Disease, Plague, Rabies, Tick-borne Encephalitis, and Yellow Fever, and offers preventive measures guidelines.

World Malaria Risk Chart
Shows Malaria risk areas worldwide, infection transmission patterns, vector information, and outlines regions affected by anti-malarial drug resistance.

How to Protect Yourself Against Malaria
Discusses the lifecycles of the Malaria parasite in vector mosquitoes, offers mechanical and pharmaceutical protection guidelines, and details medication dosages, side-effects and contra-indications, as well as alternative measures for pregnant travellers, children, and people with special needs and drug sensitivities.

World Schistosomiasis Risk Chart
Details areas of risk affected by Schistosomiasis, an infection transmitted by snails living in fresh water bodies around the world. Available online only.
Be Aware of Schistosomiasis
Describes the life-cycle of the Schistosomiasis parasite living in particular snails and discusses preventive measures. Available online only.

When Hiking Through Latin America, Be Alert to Chagas' Disease
Informs travellers to Mexico, Central and South America about the life-cycle of the parasite transmitted by the Triatomina insect, details risk areas, and appropriate preventive measures. Available online only.

IAMAT Travel Health Blog
A forum for sharing knowledge and expertise relating to matters in travel medicine and health.

INVALUABLE TRIP PLANNING RESOURCES

You can also purchase online the following items to help you stay healthy during your trip:

Guide to Healthy Travel
An A-Z primer on the treatment and prevention of travel related illnesses. All the proceeds from your \$15 purchase go towards our International Travel Medicine Education Program, helping healthcare practitioners from developing countries to study, research and train in the field of travel medicine. Available in PDF only from www.iamat.org.

24 World Climate and Food Safety Charts
Detailed water, dairy products, and food safety, altitude, monthly average temperatures and weather conditions, and clothing recommendations for 140 cities worldwide. All the proceeds from your \$25 purchase go towards our fundraising project to build the Ut Unum Centre for the Study of Medical Aspects in Travel, IAMAT's permanent home. Available in PDF only from www.iamat.org.

La Mosquette™ Bed Net
Our popular bed net weighs only 5lbs, is free standing and portable. No ceiling hooks required. It protects you against Malaria and other infectious diseases transmitted by insects. It is also a great item for cottages to prevent mosquito and blackfly bites at night. We also carry crib size bed nets. La Mosquette™ is sold at cost for \$128 (shipping is included). To order, contact us or go to www.iamat.org.



I would like to join IAMAT for free. Please fill out all the fields. (You can also join online at www.iamat.org)

Date _____

Name (please print) _____

Address _____

City _____ State _____ Zip Code _____

Email _____

Phone _____

Enclosed is my donation of \$ _____

I am paying by: Cheque VISA MasterCard

Credit Card # _____ Exp. _____

Cardholder's Name _____

Signature _____

IAMAT solely relies on donations from individual travellers to continue our work. Your donation is tax-deductible.

You can also securely donate online at www.iamat.org and automatically receive an official receipt for income tax purposes.